

LZI Cannabinoids (cTHC) 50 Enzyme Immunoassay

IVD For In Vitro Diagnostic Use Only



REF 0070c (100/37.5 mL R₁/R₂ Kit)
0071c (1000/375 mL R₁/R₂ Kit)



Lin-Zhi International, Inc.

Intended Use

The Lin-Zhi International, Inc. (LZI) Cannabinoids (cTHC) Enzyme Immunoassay is intended for the qualitative and semi-quantitative determination of Cannabinoids in human urine using 11-nor- Δ^9 -THC-9-COOH, (the major metabolite of THC referred to here as cTHC) as calibrator at the cutoff value of 50 ng/mL. The semi-quantitative mode is for purposes of (1) enabling laboratories to determine an appropriate dilution of the specimen for confirmation by a confirmatory method such as GC/MS or LC/MS (2) permitting laboratories to establish quality control procedures. The assay is designed for prescription use with a number of automated clinical chemistry analyzers. These assays are for prescription use only.

The assay provides a rapid screening procedure for determining the presence of cannabinoids in urine. The assay provides only a preliminary analytical result. A more specific alternative analytical chemistry method must be used in order to obtain a confirmed analytical result. Gas or Liquid Chromatography/Mass Spectrometry (GC/MS or LC/MS) are the preferred confirmatory methods (1, 2). Clinical consideration and professional judgment should be exercised with any drug of abuse test result, particularly when the preliminary test result is positive.

Summary and Explanation of Test

The principal, active constituent in marijuana or hashish, obtained from the *Cannabis sativa* plant, is Δ^1 -3, 4-*trans* tetrahydrocannabinol, frequently referred to as Δ^9 -tetrahydrocannabinol or Δ^9 -THC. Cannabis has been used for its euphoric effects for over 4000 years (3). It is one of the most commonly used drugs in the United States.

Marijuana is frequently self-administered for its mood-altering properties. Chronic use has been shown to cause reversible psychological impairment, abstinence syndrome, and development of tolerance (4). At low dose, it produces mixed depressant and stimulant effects; at higher dose, marijuana acts as a CNS depressant (5-7).

In the past few decades, research has confirmed the presence of an endogenous endocannabinoid system or ECS (8). Endocannabinoids are produced within the human body and activate two known cannabinoid receptors, CB₁ and CB₂ (9). The CB₁ receptor is localized primarily to the brain and is thought to be responsible for the euphoric and anticonvulsive effects of cannabis, whereas the CB₂ receptor is found primarily in the immune system and thought to be responsible for the anti-inflammatory effects of Δ^9 -THC (10-12).

Studies published in 2006 revealed that Δ^9 -THC may actually induce cell death (13) and may even be a viable anti-tumor target (14). Due to the role the ECS may play in a number of physiological processes, much interest in the use of synthetic ECS ligands for therapeutic purposes remains high (15-17). Δ^9 -THC is easily absorbed by inhalation (smoking) or ingestion. Due to its highly fat-soluble nature, Δ^9 -THC is readily deposited in fatty tissues, where it may remain for days or even weeks (5). It is primarily metabolized in the liver to a variety of compounds, the major one being the cTHC metabolite (6, 7). Approximately 70% of THC is excreted in feces and urine within 72 hours of administration (18).

Assay Principle

The LZI Cannabinoids assay is a homogeneous enzyme immunoassay with ready-to-use liquid reagent. The assay is based on competition between drug in the sample and drug labeled with the enzyme glucose-6-phosphate dehydrogenase (G6PDH) for a fixed amount of antibody in the reagent (19). Enzyme activity decreases upon binding to the antibody, and the drug concentration in the sample is measured in terms of enzyme activity. In the absence of drug in the sample, cannabinoid derivative-labeled G6PDH conjugate is bound to antibody, and the enzyme activity is inhibited. On the other hand, when drug is present in the sample, antibody binds to free drug; the unbound cannabinoid derivative-labeled G6PDH then exhibits its maximal enzyme activity. Active enzyme converts nicotinamide adenine dinucleotide (NAD) to NADH, resulting in an absorbance change that can be measured spectrophotometrically at a 340 nm primary wavelength.

Reagents Provided

Antibody/Substrate Reagent (R₁): Contains mouse monoclonal anti-cannabinoid antibody, glucose-6-phosphate (G6P), and nicotinamide adenine dinucleotide (NAD), and sodium azide (0.09 %) as a preservative.

Enzyme-drug Conjugate Reagent (R₂): Contains glucose-6-phosphate dehydrogenase (G6PDH) labeled with cannabinoid in buffer with sodium azide (0.09 %) as a preservative.

Calibrators and Controls*

| Materials required (but not provided)

*Calibrators and Controls are 5 mL, sold separately and contain negative human urine with sodium azide as a preservative.

THC 50 Calibrators	REF
THC Negative Calibrator	0002c
THC Low Calibrator: Contains 25 ng/mL cTHC metabolite	0073c
THC Cutoff Calibrator: Contains 50 ng/mL cTHC metabolite	0075c
THC Intermediate Calibrator: Contains 75 ng/mL cTHC metabolite	0076c
THC High Calibrator: Contains 100 ng/mL cTHC metabolite	0077c

THC 50 Controls	REF
THC Level 1 Control: Contains 37.5 ng/mL cTHC metabolite	0007c
THC Level 2 Control: Contains 62.5 ng/mL cTHC metabolite	0008c

Precautions and Warning

- This test is for in vitro diagnostic use only. Harmful if swallowed.
- Reagent contains sodium azide as a preservative, which may form explosive compounds in metal drain lines. When disposing such reagents or wastes always flush with a large volume of water to prevent azide build-up. See National Institute for Occupational Safety and Health Bulletin: Explosive Azide Hazards (20).
- Do not use the reagents beyond their expiration dates.
- For USA: Caution: Federal law restricts this device to sale by or on the order of a physician.

Reagent Preparation and Storage

The reagents are ready-to-use. No reagent preparation is required. All assay components should be refrigerated at 2-8°C when not in use. See the expiration date on individual bottle labels.

Specimen Collection and Handling

Urine samples may be collected in plastic or glass containers. Some plastics may absorb drugs (21-23). Use of plastics such as polyethylene is recommended (24). Use fresh urine specimens for the test. If a sample cannot be analyzed immediately, it may be refrigerated at 2-8°C for up to seven days (25, 26). For longer storage, keep sample frozen at -20°C and then thaw before use. Studies have shown Δ^9 -THC analytes in urine are stable at -20°C for up to 70 days (26-28). Samples should be at room temperature (18-25°C) for testing. Samples with high turbidity should be centrifuged before analysis. Adulteration may cause erroneous results. If sample adulteration is suspected, obtain a new sample and forward both samples to the laboratory for testing. Handle all urine specimens as if they are potentially infectious.

Instrument

Clinical chemistry analyzers capable of maintaining a constant temperature, pipetting samples, mixing reagents, measuring enzyme rates at a 340 nm primary wavelength and timing the reaction accurately can be used to perform this homogeneous immunoassay. Performance characteristics presented in this package insert have been validated on the Hitachi 717 and the Beckman Coulter AU480 clinical analyzers.

Assay Procedure

Refer to the specific parameters used for each analyzer before performing the assay. For qualitative analysis use the 50 ng/mL as the cutoff calibrator. For semi-quantitative analysis, use all five calibrators. Recalibration should be performed after reagent bottle change or a change in calibrators or reagent lot. Two levels of controls are also available for monitoring of the cutoff level: use the 37.5 ng/mL and 62.5 ng/mL for the 50 ng/mL cutoff level.

Calibration and Quality Control

Good laboratory practices recommend the use of both a positive and negative control near the cutoff to ensure proper assay performance. Controls should be run with each new calibration and after specific maintenance or troubleshooting procedures, as detailed in the instrument system manual. Each laboratory should establish its own quality control frequency. If any trends or sudden changes in control value are observed, review all operating parameters, or contact LZI technical support for further assistance. Laboratories should comply with all federal, state, and local laws, guidelines and regulations.

Results

Note: A preliminary positive test result does not necessarily mean a person took illegal drugs and a negative test result does not necessarily mean a person did not take illegal drugs. There are number of factors that influence the reliability of drug tests.

Qualitative: The cutoff calibrator, which contains 50 ng/mL of cTHC, is used as a reference for distinguishing a preliminary positive from negative samples. A sample with a change in absorbance ($\Delta A/\text{min}$) equal to, or greater than, that obtained with the cutoff calibrator is considered a preliminary positive. A sample with a change in absorbance ($\Delta A/\text{min}$) lower than that obtained with the cutoff calibrator is considered negative.

Semi-Quantitative: The semi-quantitative mode is for purposes of (1) enabling laboratories to determine an appropriate dilution of the specimen for verification by a confirmatory method such as GC/MS or LC/MS (2) permitting laboratories to establish quality control procedures. When an approximation of concentration is required, a calibration curve can be established with five calibrators. The concentration of cTHC in the sample may then be estimated from the calibration curve.

Interpretation: The semi-quantitative mode is for purposes of (1) enabling laboratories to determine an appropriate dilution of the specimen for confirmation by a confirmatory method such as GC/MS or LC/MS (2) permitting laboratories to establish quality control procedures.

Limitations

1. A preliminary positive result from the assay indicates only the presence of cannabinoids.
2. The test is not intended for quantifying these single analytes in samples.
3. A preliminary positive result does not necessarily indicate drug abuse.
4. A negative result does not necessarily mean a person did not take illegal drugs.
5. Care should be taken when reporting results, as numerous factors (e.g., fluid intake, endogenous or exogenous interferents) may influence the urine test result.
6. Preliminary positive results should be confirmed by other affirmative, analytical chemistry methods (e.g., chromatography), preferably GC/MS or LC/MS.
7. The test is designed for use with human urine only.
8. The test is not for therapeutic drug monitoring.

Typical Performance Characteristics

The results shown below were performed with a single Hitachi 717 automated clinical chemistry analyzer.

Precision:

Qualitative analysis: Typical results ($\Delta A/\text{min}$) are as follows:

Concentration	Within Run (N=22)			Total Precision (N=88)		
	Mean	SD	% CV	Mean	SD	% CV
0 ng/mL	387.3	3.0	0.8%	387.3	3.8	1.0%
12.5 ng/mL	410.9	2.5	0.6%	410.9	3.9	0.9%
25.0 ng/mL	438.8	2.8	0.6%	438.8	3.9	0.9%
37.5 ng/mL	465.7	2.6	0.6%	465.7	3.9	0.8%
50.0 ng/mL	503.3	2.9	0.6%	503.3	4.2	0.8%
62.5 ng/mL	536.3	2.8	0.5%	536.3	3.6	0.7%
75.0 ng/mL	559.0	3.9	0.7%	559.0	4.7	0.8%
87.5 ng/mL	590.2	2.6	0.4%	590.2	4.1	0.7%
100.0 ng/mL	603.8	2.5	0.4%	603.8	3.8	0.6%

50 ng/mL Cutoff Result:		Within Run (N=22)		Total Precision (N=88)	
Concentration	% of Cutoff	# Samples	EIA Result	# Samples	EIA Result
0 ng/mL	0%	22	22 Neg	88	88 Neg
12.5 ng/mL	25%	22	22 Neg	88	88 Neg
25.0 ng/mL	50%	22	22 Neg	88	88 Neg
37.5 ng/mL	75%	22	22 Neg	88	88 Neg
50.0 ng/mL	100%	22	17 Neg/ 5 Pos	88	32 Neg/ 56 Pos
62.5 ng/mL	125%	22	22 Pos	88	88 Pos
75.0 ng/mL	150%	22	22 Pos	88	88 Pos
87.5 ng/mL	175%	22	22 Pos	88	88 Pos
100.0 ng/mL	200%	22	22 Pos	88	88 Pos

Semi-quantitative analysis: Typical results (ng/mL) are as follows:

Concentration	Within Run (N=22)			Total Precision (N=88)		
	Mean	SD	% CV	Mean	SD	% CV
0 ng/mL	1.4	1.5	108.5%	1.3	1.7	126.5%
12.5 ng/mL	14.0	1.0	7.4%	13.9	1.5	10.8%
25.0 ng/mL	24.9	1.0	3.9%	24.9	1.3	5.2%
37.5 ng/mL	35.1	0.9	2.6%	35.0	1.3	3.7%
50.0 ng/mL	49.6	1.0	2.0%	49.7	1.3	2.7%
62.5 ng/mL	63.3	1.2	2.0%	63.3	1.6	2.5%
75.0 ng/mL	74.6	1.8	2.4%	74.8	2.1	2.8%
87.5 ng/mL	91.0	1.7	1.8%	91.1	2.1	2.3%
100.0 ng/mL	100.2	2.3	2.3%	100.2	2.5	2.5%

50 ng/mL Cutoff Result:		Within Run (N=22)		Total Precision (N=88)	
Concentration	% of Cutoff	# Samples	EIA Result	# Samples	EIA Result
0 ng/mL	0%	22	22 Neg	88	88 Neg
12.5 ng/mL	25%	22	22 Neg	88	88 Neg
25.0 ng/mL	50%	22	22 Neg	88	88 Neg
37.5 ng/mL	75%	22	22 Neg	88	88 Neg
50.0 ng/mL	100%	22	11 Neg/ 11 Pos	88	50 Neg/ 38 Pos
62.5 ng/mL	125%	22	22 Pos	88	88 Pos
75.0 ng/mL	150%	22	22 Pos	88	88 Pos
87.5 ng/mL	175%	22	22 Pos	88	88 Pos
100.0 ng/mL	200%	22	22 Pos	88	88 Pos

Sensitivity: Sensitivity, defined as the lowest concentration that can be differentiated from the negative urine with 95 % confidence, was tested to be 10 ng/mL for THC 50 in both qualitative and semi-quantitative analyses.

Accuracy: Sixty-eight (68) negative and 65 positive specimens for a total of 133 unaltered clinical urine specimens were tested with the LZI Cannabinoids (cTHC) Enzyme Immunoassay at the 50 ng/mL cutoff and confirmed with GC/MS or LC/MS. Specimens having a concentration of cTHC greater than 50 ng/mL by GC/MS or LC/MS were defined as positive, and specimens with lower concentrations by GC/MS or LC/MS were defined as negative in the tables below. Near cutoff samples are defined as $\pm 50\%$ of the cutoff value. The correlation results are summarized as follows:

THC 50 - Semi-Quantitative Accuracy Study:

50 ng/mL Cutoff	Neg	< 50 % below the cutoff	Near Cutoff Neg	Near Cutoff Pos	> 50 % above the cutoff	% Agreement
Positive	0	0	5*	15	50	100.0 %
Negative	11	36	16	0	0	92.6 %

THC 50 - Qualitative Accuracy Study:

50 ng/mL Cutoff	Neg	< 50 % below the cutoff	Near Cutoff Neg	Near Cutoff Pos	> 50 % above the cutoff	% Agreement
Positive*	0	1*	6**	15	50	100.0 %
Negative*	11	35	15	0	0	89.7 %

Summary of Discordant Results in Semi-Quantitative Mode:

Semi-Quantitative Mode	Cutoff Value	LZI cTHC EIA (Pos/Neg)	cTHC GC/MS Value (ng/mL)
	50 ng/mL	Positive	36.0
50 ng/mL	Positive	44.7	
50 ng/mL	Positive	46.0	
50 ng/mL	Positive	48.0	
50 ng/mL	Positive	48.0	

Summary of Discordant Results in Qualitative Mode:

Qualitative Mode	Cutoff Value	LZI cTHC EIA (Pos/Neg)	cTHC GC/MS Value (ng/mL)
	50 ng/mL	Positive	7.0 ^a
50 ng/mL	Positive	27.0	
50 ng/mL	Positive	44.7	
50 ng/mL	Positive	46.0	
50 ng/mL	Positive	48.0	
50 ng/mL	Positive	48.0	
50 ng/mL	Positive	49.3	

^a The discrepant result showing a GC/MS value of 7 ng/mL was initially obtained in our first method comparison study. Due to the small sample size received, we were unable to further retest this sample. Following additional method comparison studies, we believe the root cause of the error was derived from initial GC/MS readings. The additional method comparison studies and initial studies have been combined in the accuracy report listed above.

Analytical Recovery: To demonstrate linearity for purposes of sample dilution and quality control (see semi-quantitative results section), a drug-free urine pool was spiked with cTHC and serially diluted. Each sample was run in 10 replicates and the average was used to determine the functional linearity range of the assay. When comparing the result (y) and target (x) value, using the least squares regression technique, the regression equation and correlation are as follows:

$$y = 1.029x - 0.0268, r^2 = 0.9989$$

% Dilution	Expected Value (ng/mL)	Observed Value (ng/mL)	% Recovery
100%	0	0.4	N/A
90%	10	11.3	112.9%
80%	20	20.2	101.1%
70%	30	29.6	98.5%
60%	40	39.2	98.0%
50%	50	51.6	103.2%
40%	60	62.2	103.7%
30%	70	74.0	105.7%
20%	80	82.7	103.4%
10%	90	92.9	103.3%
0%	100	101.6	101.6%

Specificity: Various potentially interfering substances were tested for cross-reactivity with the assay. Test compounds were spiked into the drug-free urine calibrator matrix individually to various concentrations and evaluated against the cutoff calibrator.

The table below lists the concentration of each test compound that gave a response approximately equivalent to that of the cutoff calibrator (as positive) or the maximal concentration of the compound tested that gave a response below the response of the cutoff calibrator (as negative).

Structurally Related Cannabinoids (cTHC) Compounds:

Compound	Target [] (ng/mL)	EIA [] (ng/mL)	% Cross-Reactivity
8-β-Hydroxy-Δ ⁹ -THC	80	46.4	58.0%
8-β-11-Dihydroxy-Δ ⁹ -THC	90	40.9	45.4%
Cannabidiol	9,000	46.1	0.5%
Cannabinol	220	46.4	21.1%
exo-THC	90	46.8	52.0%
<i>l</i> -11-Hydroxy-Δ ⁹ -THC	55	52.8	96.0%
<i>l</i> -11-Nor-Δ ⁹ -THC-9-Carboxylic Acid	50	49.4	98.8%
<i>l</i> -11-Nor-Δ ⁹ -THC-9-Carboxylic Acyl-Glucuronide	5,000	70.4	1.4%
Δ ⁸ -THC	90	46.6	51.8%
Δ ⁹ -THC	140	46.4	33.1%

Structurally Unrelated Pharmacological Compounds:

Compound	Target [] (ng/mL)	EIA [] (ng/mL)	% Cross-Reactivity
Acetaminophen	500,000	3.9	0.001%
Acetylsalicylic Acid	500,000	2.0	0.000%
Amitriptyline	500,000	2.2	0.000%
Amobarbital	500,000	0.9	0.000%
Amphetamine	500,000	1.3	0.000%
Benzoylcegonine	500,000	4.8	0.001%
Bupropion	500,000	3.1	0.001%
Caffeine	500,000	4.9	0.001%
Chlorpheniramine	500,000	5.2	0.001%
Chlorpromazine	500,000	2.6	0.001%
Cocaine	500,000	2.3	0.000%
Codeine	500,000	2.4	0.000%
Dextromethorphan	500,000	2.2	0.000%
Ecgonine Methyl Ester	500,000	2.9	0.001%
d,l-Ephedrine	500,000	2.2	0.000%
Imipramine	500,000	1.3	0.000%
JWH-018(1-pentyl-3(1-naphthoyl)indole)	500,000	7.3	0.001%
JWH-073(1-butyl-3(1-naphthoyl)indole)	500,000	6.7	0.001%
Lidocaine	500,000	5.7	0.001%
Meperidine	500,000	2.1	0.000%
Metadone	500,000	3.6	0.001%
Methamphetamine	500,000	2.0	0.000%
Methaqualone	500,000	6.8	0.001%
Morphine	500,000	1.3	0.000%
Nortriptyline	500,000	1.0	0.000%
Oxazepam	500,000	3.0	0.001%
Phencyclidine	500,000	1.5	0.000%
Phenobarbital	500,000	4.5	0.001%
Promethazine	500,000	4.1	0.001%

Structurally Unrelated Pharmacological Compounds, continued:

Compound	Target [] (ng/mL)	EIA [] (ng/mL)	% Cross-Reactivity
Propoxyphene	500,000	3.7	0.001%
Ranitidine	500,000	4.9	0.001%
Secobarbital	500,000	3.7	0.001%
Valproic Acid	500,000	5.5	0.001%

It is possible that other substances and/or factors not listed above may interfere with the test and cause false positive results.

Interference: Endogenous Substances

The following endogenous compounds were spiked into a pool of processed negative urine (cannabinoids free urine) to the desired concentrations listed in the table below. Standards of cTHC were then spiked into the pools of processed urine containing the endogenous compounds to the concentrations listed below as positive or negative controls. Results indicate there is no major interference with these compounds at physiological relevant concentrations as all spiked samples gave correct responding positive/negative results against the cutoff values of 50 ng/mL. Results are summarized in the following table:

Interfering Substances	Spiked [] (mg/dL)	0 ng/mL (ng/mL)	37.5 ng/mL Control (ng/mL)	62.5 ng/mL Control (ng/mL)
None	N/A	1.5	33.8	59.3
Acetone	1000	3.1	32.5	57.5
Ascorbic Acid	500	0.0	33.4	55.0
Creatinine	500	1.4	33.1	56.5
Ethanol	1000	5.2	34.9	58.4
Galactose	10	1.9	36.2	60.0
γ-Globulin	500	2.1	29.9	53.7
Glucose	1500	2.1	34.4	59.1
Hemoglobin	300	4.5	33.7	60.1
Human Serum Albumin	500	5.6	33.9	60.6
Oxalic Acid	100	0.9	32.7	51.8
Riboflavin	0.65	0.0	35.0	59.2
Sodium Chloride	2000	0.0	33.4	56.5
Urea	2000	2.0	32.8	59.1
pH 3	N/A	0.0	30.3	50.6
pH 4	N/A	0.0	33.8	56.8
pH 5	N/A	0.0	35.6	60.9
pH 6	N/A	1.2	35.9	64.5
pH 7	N/A	4.2	37.1	67.6
pH 8	N/A	3.6	39.4	67.0
pH 9	N/A	4.6	39.8	67.5
pH 10	N/A	3.9	40.2	71.0
pH 11	N/A	5.3	34.8	63.7

Specific Gravity: Urine samples with specific gravity values ranging from 1.002 to 1.025 were tested with the assay in the presence of 0 ng/mL, 37.5 ng/mL, and 62.5 ng/mL (positive and negative controls for cTHC 50) of cTHC, and no interference was observed.

Symbols

LZI uses the symbols and signs listed on the symbol glossary on the website. Visit www.lin-zhi.com/symbol-glossary for detailed information.

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